

Calvary Chapel Old Bridge

Women's Retreat

Friday, May 21 – Sunday, May 23, 2021



DIVINE *Destination*

Traveling First Class

*Eye has not seen, nor ear heard, nor have entered into the heart of man the things which
God has prepared for those who love Him.*

1 Corinthians 2:9



DIVINE *Destination*

The Royal Route to Heaven

There's a royal route to heaven - Will you travel it today?

'Tis the path of full surrender
All along the homeward way.
It is yielding every moment
To the blessed Saviour's will,
Seeking only for His glory,
And His purpose to fulfill.

There's a royal route to heaven - 'Tis the way the Saviour trod.

'Tis the path of full surrender
And the deep, sweet peace of God.

There's a royal route to heaven - They who travel it may know

Peace that passeth understanding
Which the Father doth bestow.
Dead to self and its desires,
Living unto Christ alone,
Finding joy and satisfaction
Which the world has never known.

There's a royal route to heaven - Which will bring a rich reward

When the last long mile is covered
And we face our loving Lord.
Oh, how small will seem the trials
Of the steep and rugged way
When we stand in His blest presence
At the close of life's brief day.

Avis B. Christiansen





DIVINE *Destination*

*Eye has not seen, nor ear heard, nor have entered into the heart of man
the things which God has prepared for those who love Him.*

1 Corinthians 2:9

WEEKEND SCHEDULE

Friday

4:00 CHECK IN

Lobby

5:30 DINNER

Dining Room

7:00 SESSION #1

Chesapeake Room

WORSHIP
TESTIMONY – ELSY VARELA
MESSAGE – JANIE ALFRED

9:00 ICE CREAM PARTY

Chesapeake Foyer

9:15 BONFIRE

On the Bay





DIVINE

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Saturday

7:30 - 9:00 BREAKFAST

Dining Room

9:30 SESSION #2

Chesapeake Room

WORSHIP

TESTIMONY –KAREN GOTTSALL

MESSAGE – JANIE ALFRED

11:30 - 12:30 WORKSHOP (Group A) /LUNCH (Group B)

12:30 - 1:30 WORKSHOP (Group B) / LUNCH (Group A)

QUIET TIME / FREE TIME

5:30 DINNER

Dining Room

7:00 SESSION #3

Chesapeake Room

WORSHIP

SKIT

MESSAGE – JANIE ALFRED

WAITING ON THE LORD – KAREN PULLEY

9:00 SNACK RECEPTION

Chesapeake Foyer





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Sunday

7:30 - 9:00 BREAKFAST

Dining Room



10:00 SESSION #4

Chesapeake Room

WORSHIP

TESTIMONY – CAROLINE IVASHENKO

MESSAGE – JANIE ALFRED

11:30 COMMUNION

Chesapeake Room

12:00 CONCLUSION





Workshops

DIVINE Destination

...The Traveler's Guide

Saturday, 11:30 AM or 12:30 PM (Located on the 2nd floor)

Traveling with Children of All Ages - Karen Pulley

Chesapeake Room

Teaching our children to stay on the straight and narrow paths of the Lord.

*"All scripture is given by inspiration of God...that the man of God may be thoroughly equipped for every good work."
2 Timothy 3:16-17*

Joined for the Journey - Cara Blondo

Milburn Room

Regardless of the season of our marriage (newlywed, young children, teens, or empty-nesters), life's pressures and daily demands never cease to compete for our attention as wives. This workshop aims to offer practical, do-able ways in which we can prioritize our husband every day, regardless of the busyness or season of life.

"She does him good...all the days of her life." Proverbs 31:12

Daily Fuel for the Journey - Mimi Masters

Hatfield Room

This workshop aims to uncover the secrets of a filled *and* fueled life, through daily communion with the Lord. Through the reading and studying of God's Word, we can have the daily fuel needed to fulfill God's purposes in our lives.

"If you abide in Me, and My words abide in you; you will ask what you desire, and it shall be done for you. By this my Father is glorified, that you bear much fruit..." John 15:7-8

Surrendering Our Plans for His as Young Adults - Kate Larsen

Guistwite Room

What does surrender really mean in our lives? What does it look like? As you embark on your journey into adulthood, find the life of abundance the Lord intends for you as you lay down your plans for His.

"Commit your way to the Lord, trust also in Him, and He shall bring it to pass." Psalm 37:7

Strength for the Journey - Tina DiGangi

Andrews Lounge

Are you running on empty? Weighed down and discouraged? The lies of the enemy send us into these pits of despair. Nothing of the cross beguiles! Nothing of His Love oppresses! Nothing of His Spirit shackles! Nothing of His goodness paralyses! The truth is God is for you! Knowing this changes everything!

"If God is for us, who can be against us?" Romans 8:31





Notes

Date:

Speaker:

Message:



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Date:

Speaker:

Message:



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Date:

Speaker:

Message:



FRIDAY EVENING *Devotional* THE TRAVELER'S GIFT

But as it is written: "Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him." 1 Corinthians 2:9

Read 1 Corinthians 1:1-9. How did Paul describe those to whom he was writing?

From a quick glance at 1 Corinthians 1:10, 3:1, 4:14, 5:1 (to name a few), do you think the Corinthians were living according to the truths of who they now were in Christ?

Alan Redpath summarized this discrepancy when he said, "That was the whole trouble with the church at Corinth: they knew all about the forgiveness of sins; there was nothing wrong with their theology, but a great deal wrong with their practice." He goes on to explain that Paul did not lash out at them, however, but rather lifted them up by reminding them of "the glory of their salvation and of the great privileges that are theirs in Christ" as they travel along the road that leads to their "divine destination." (*The Royal Route to Heaven*)

That is precisely what we desire to do this weekend, as well: to be reminded of our glorious salvation, to fix our eyes upon our wondrous Savior, and to consider how we may respond, not just in our worship, but with our lives.

Read 1 Corinthians 2:9

Commentators agree that while this verse is often used to depict the promise of the hope of heaven, because of the context, Paul is actually speaking of **our salvation** (verse 10 says God *has revealed* these things to us by the Spirit).

In your own words, what has this glorious salvation meant to you?

Read the following verses to be reminded of how precious our **salvation** truly is:

Isaiah 64:6

Romans 3:23

Romans 5:12

Romans 6:23

Read the following verses to be reminded of how precious our **Savior** truly is:

Isaiah 53

Romans 5:6-10



FRIDAY EVENING *continued*

Read Psalm 103 and allow a song of praise to well up from within your soul, as it did David's, upon remembering all of the good things He had done for him. Truly, we can echo Paul's words: *"Eye has not seen, nor ear heard, nor have entered into the heart of man the things which God has prepared for those who love Him."*

Spend some time in prayer thanking Him for who He is and what He has done, and commit this weekend to Him, asking that you may have eyes to see and ears to hear all that He desires to speak to you.

Closing Thoughts:

"Praise be to the Lord, to God our Savior, who daily bears our burdens." (Psalm 68:19 NIV) Or, as the NLT says, "... For each day he carries us in his arms."

In picturing Him carrying us in His arms, I am reminded of a mother carrying her children. It usually starts with her saying, "Come," and then is followed by whispering, "It's ok." By the very act of carrying, a mother simultaneously extends an invitation to come near AND offers the reassurance that is needed.

I wonder how many of us need to hear that invitation today from the Lord: "Come," as well as that assurance, "It will be ok." "I'm carrying you now. Not only am I carrying YOU, I am carrying all that concerns you and all that weighs you down or burdens you."

Jesus said, "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." (Matthew 11:28-30)

Daily rest for our souls.

Daily relief from all that weighs us down, from all the stress, pressure, worries, concerns, and unknowns.

Daily relaxation in our Savior's loving and capable arms.

The NKJV version of Psalm 68:19 states, "Blessed be the Lord, who daily loads us with benefits, the God of our salvation!"

How amazing is the God of our salvation! While "daily life" loads us daily with burdens, the God of our salvation loads us daily with benefits.

As if the gift of salvation were not enough! As if the cross of Christ did not satisfy the greatest of my needs and offer proof of His compassionate care!

How we need to echo David, who said, "Praise the Lord, my soul, and forget not all his benefits..." (see Psalm 103:2-5).

Herein lies the key to experiencing this daily rest, daily relief, and daily relaxation in the Lord – to praise and remember.

Praise Him for who He is and what He has done. Remember (forget not) all His benefits.

In other words, recall the benefits more than the burdens. In doing so, the praise and gratitude we can't help but offer to the God of our salvation will soon rise above the burdens which are weighing us down. We will know that we are being carried in His arms, not only for this day, but for *all* of our days. **Praise be to the Lord, to God our Savior, indeed!**



SATURDAY MORNING *continued*

Read Hebrews 12:1-3. How are we to run the race that has been set before us (or in other words, the road to our Divine Destination)? How are we to view sin and what are we to do with it? Where are our eyes to be? Why?

“The more of heaven there is in our lives, the less of earth we shall covet.” (Spurgeon)

Already a Christian singer, Helen Lemmel was surprised to have been given a Bible tract entitled “Focus.” Upon reading the tract, she was struck by a certain line: “You will find that the things of earth will acquire a strange new dimness” if you focus on Jesus. The hymn that was consequently born within her heart is a favorite worldwide and a timely encouragement, and prayer, for us today:

“Turn Your Eyes Upon Jesus”

O soul, are you weary and troubled?
No light in the darkness you see?
There’s light for a look at the Savior,
And life more abundant and free.

Turn your eyes upon Jesus,
Look full in His wonderful face,
And the things of earth will grow strangely dim,
in the light of His glory and grace.

(Helen Howarth Lemmel)

“Therefore if you have been raised with Christ (to a new life, sharing in His resurrection from the dead), keep seeking the things that are above, where Christ is, seated at the right hand of God. Set your mind and keep focused habitually on the things above (the heavenly things), not on things that are on earth (which have only temporal value). For you died (to this world), and your (new, real) life is hidden with Christ in God.”

Colossians 3:1-3 Amplified



SATURDAY AFTERNOON

Devotional

THE TRAVELER'S POSITION

For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus. Ephesians 2:6

When a plane reaches an elevation of 30,000 feet, the traveler's view sure is different, isn't it? While the skyscrapers and buildings looked so enormous just moments before, from earth's point of view, now soaring at a higher altitude, they seem miniscule. **The point of view, based upon one's position, changes everything.**

*So it is for the traveler on the "royal route to heaven." While nothing around us physically has changed, our **position** has been changed, which indeed changes everything.*

Read 2 Corinthians 5:16-21. Record verse 17:

Record Colossians 1:13-14

Read Ephesians 2. What are some phrases that describe who you were *before* you were saved by grace through faith?

What are some phrases that describe who you are *now*, in Christ?

Because of our new position, how should we now view:

- 1) the cross (see Romans 5:8 and 1 Corinthians 1:18-25)
- 2) ourselves (see 1 Corinthians 6:11 and Romans 12:1-2)
- 3) our relationship to the world (see Galatians 2:20 and Philippians 3:7-9)
- 4) our trials (see Romans 8:18 and 2 Corinthians 4:16-18)

What should our greatest aim now be? (see Philippians 3:10)

What is being worked within us? (see Galatians 4:19 and Romans 8:29)



SATURDAY AFTERNOON *continued*

With all that has been accomplished on our behalf through Christ, is it any wonder that Alan Redpath described “low-level Christian living” as a *tragedy* as compared to the glory of a journey made under the “sovereignty of Jesus Christ?” He went on to say, “It is possible for a Christian to live on a carnal level instead of on a spiritual level. It is possible to walk after the flesh even though we are converted to walk in the Spirit...there is a royal route to heaven, and the word ‘royal’ implies sovereignty. In the Christian life, it means placing the crown where it rightly belongs: on the Saviour’s brow.” (*The Royal Route to Heaven*)

Of course, we know we are works in progress, but the key word is *progress*. It has been said that the motto of the Christian ought to be “*onward and upward!*”

“I don’t mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me.”
Philippians 3:12

One day Billy Graham shared what Ruth chose to have written on her tombstone. Inspired by a road sign that she had seen years before, when reaching the end of a construction zone, it read, “End of construction - thank you for your patience.”

Our “construction” will come to an end one day. **But until then, let’s press on, seeking to live a life consistent with our new position in Christ, surrendering to Him as we walk this “royal route to heaven.”** May this be our prayer:

“I Surrender All”

All to Jesus I surrender, All to Him I freely give;
I will ever love and trust Him, In His presence daily live.

I surrender all, I surrender all.
All to Thee, my blessed Savior, I surrender all.

All to Jesus I surrender, Humbly at His feet I bow,
Worldly pleasures all forsaken, Take me, Jesus, take me now.

(Judson W. Van DeVenter)



SATURDAY EVENING

Devotional

THE TRAVELER'S GROWTH

As a prisoner of the Lord, then, I urge you to live a life worthy of the calling you have received.
Ephesians 4:1

As believers in Jesus Christ, we are all headed toward the same destination: a divine destination, a heavenly home, where one day we will come face to face with our Savior. The question now becomes: how are we traveling? Are we living as pilgrims? Are we fulfilling our calling of fellowship with the Son? Are we walking in a manner worthy of this great salvation which we have received? Are we exhibiting Christ-likeness and growth in Him, all while redeeming the time for His purposes? Are we traveling with the patience and endurance needed, knowing that our afflictions last but mere moments in comparison to eternity?

Our destination is not in question. The question to ask ourselves is: what kind of travelers are we, as we head toward our final destination?

Read 1 Corinthians 3:1-3

Speaking of these verses, Alan Redpath states, "Please notice the word 'brethren' (verse 1); he (Paul) is writing to those who are born again of the Spirit of God and who are within the Christian church. Here are two different classes of people, both of them Christian, both of them born of the Spirit of God, but one of them is designated 'carnal,' and the other, 'spiritual.' Though latent within every child of God is the possibility of reproducing the character of Jesus Christ, the fact is that this is not always accomplished. Why? Because too many Christians continue to live on the carnal level." (*The Royal Route to Heaven*)

In *The Royal Route to Heaven*, Redpath describes the following:

"First-Class Travelers" are those who:

- live a life of perpetual conflict and temptation but trust & conquer in Christ, thus experiencing victory
- go on growing with and in God (toward Christlikeness)
- determine to be as pure and godly as a woman saved by grace can be
- do not practice the habit of sin (they still sin, but it is not their habit)
- grow in displaying the fruit of the Spirit
- reveal a life of separation to the Word of God and devotion to the Master



SATURDAY EVENING *continued*

“Third-Class Travelers” are those who:

- live a life of fruitlessness and worldliness
- are not growing in character and Christlikeness
- have a heart and desire for the world more than for the Word
- when something does not revolve around them, they become unhappy or angry
- believe the Word of God but do not live a life consistent with the Word of God
- live a life of constant conflict and defeat
- neglect their Bible

“Are you a believer, knowing you have received forgiveness of sins? Then in which class are you traveling along the road to heaven? Are you a carnal or a spiritual Christian? Is it perpetual conflict and repeated defeat in your life, or is it perpetual conflict and repeated victory? Is it protracted infancy and retarded growth, or is it development in Christlikeness of life and character? Is it a life of fruitlessness, or is it a life filled with permanent fruit for the glory of God? I ask you again, in which class are you traveling to heaven? The Lord can enable you to take the step of faith that...lifts you from the class of carnality to that of spirituality, in which it is no more you, but Christ in you, the hope of glory.” (Alan Redpath)

Take a few moments to invite the Lord to search your heart. May we examine our lives: do we see more evidence of third-class living (carnality) or first-class living (spirituality)? This may be uncomfortable, that’s ok. This may be convicting, that is good. Allow this wrestling to take place. *You have been made for so much more than “third class living.” You have been given every resource needed to travel “first-class.”* But the first step is to acknowledge your short-comings and sins; to recognize your need for the Savior, not just in saving you, but also in enabling you to live for Him. This is not the time to make excuses or place the blame elsewhere. The Lord knows you intimately: all that you’ve been through in your past, all that you currently are facing. **And yet, here He is, drawing you closer, inviting you deeper, wooing you to a place of higher living, where you can be hidden in Him, safe from the outside elements, secure when the turbulence hits, abiding in the arms of your loving Savior.**

None of us have arrived to a place of 100% “first-class living.” Each of us have room to grow. Therefore...

...will you dare to pray just three simple words as you invite the Lord to **upgrade your traveling?**

“Here I am.”

~or~

“Have your way.”

“Work in me.”

“Purify my heart.”

“I am yours.”

~ and especially~

“I love you.”



SUNDAY MORNING

Devotional

THE TRAVELER'S PROVISIONS

His divine power has given us everything required for life and godliness through the knowledge of Him who called us by His own glory and goodness. 2 Peter 1:3

Read Ephesians 1:15-23

Of Paul's prayer, Warren Wiersbe stated, "Paul did not ask God to give them what they did not have, but prayed that God would reveal to them what they **already** have."

The provisions needed in order to walk the royal route of heaven, to travel "first class" toward our divine destination, have already been supplied.

Just as God provided that which was needed for Abraham to obey (see Genesis 22:9-14), He provides what is needed for us to obey, or walk, in the Spirit. Let us consider some of the resources He has provided. *The question to ask ourselves is: what will we do with them?*

THE WORD OF GOD

Read Hebrews 4:12, Psalm 119:11, Psalm 119:105, Matthew 7:24-27, Colossians 1:6

How would you describe the importance of God's Word for the traveler along the royal route to heaven?

Does your life reflect your answer? If not, what changes can you make?

THE SPIRIT OF GOD

Indwells us: 1 Corinthians 3:16, 1 Corinthians 6:19

Guides us: John 16:13

Helps us: John 15:26

Empowers us: Romans 8:11, Ephesians 3:16, 2 Timothy 1:7

Sanctifies us (makes us holy): 1 Peter 1:2

Is visible through us, when we are yielded to Him: Galatians 5:22

Fills us: Ephesians 5:18



SUNDAY MORNING *continued*

Is it any wonder that Paul encouraged the Philippians: "For God is working in you, giving you the desire and power to do what pleases him." (Philippians 2:13 NLT) Read verse 12. This has been described as an exhortation to the Philippians "to work out their salvation through the in working of God." (Ellicott) **In other words, we work out what He, through His Spirit, has worked in. Are we yielding to (cooperating with) this in-working?**

THE GRACE OF GOD

Why is it important to recognize that as we journey along the royal route to heaven, God's grace is sufficient? See 2 Corinthians 12:8-10

THE PRESENCE OF GOD

Whatever road we are called to travel upon, we can be confident that God is with us and His presence surrounds us. (See Psalm 139:7-10) It is His presence that allows us to experience peace in times of trouble and courage in times of uncertainty.

THE POWER OF GOD

Read Ephesians 3:20 and Romans 8:31-37

Overwhelming victory is ours through Christ Jesus because of HIS victory! It has been said, **"A Savior who triumphs in his darkest hour can deliver his children from theirs."** Paul went on to say, "For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present (problems or fears for today) nor things to come (problems or worries for tomorrow), nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord." (Romans 8:38-39) **The love of God, as displayed upon the cross, and the power of God, as demonstrated through the resurrection, allows us to make this personal: "A Savior who triumphs in His darkest hour can deliver me from mine."**

How great and sufficient are the provisions of our God! We have not even considered His promises, His care, the gift of prayer, or the invitation to find rest for our souls. Truly, whatever season we are in, whatever path we are currently traveling upon, He is our Good Shepherd. We can say, with David, "I lack nothing." (Psalm 23:1) He has provided all we need to travel "first class."

In closing:

Let us remember the precious gift of our salvation, fix our gaze upon our Savior, recall our new position, "grow into" our salvation, all while making use of His provisions.



DIVINE *Destination*

Upcoming Events

BRIDGEOFEST IN OCEAN GROVE

June 25 - 26

Visit us at the Women's Ministry table!

For more info, visit bridgefest.org

3 WEEK SUMMER STUDY

FALL STUDY

*Dates & more details coming soon at
women.ccob.org*

Other ministries of ccob

Addiction to Freedom - to provide help & healing to those struggling with addictions

Caring for His Children (adoption) - to support families who are considering adoption/foster care

Home Education Group - to serve as a support system for families who are called to homeschool

Gradient (Young Adults) - to see the spiritually dead come alive & the spiritually alive come awake

Marriage Ministry - to equip married couples with everything needed for a healthy, thriving marriage

Moms Group - to give mothers a place to be rejuvenated through Bible Study & fellowship

Pro Life Ministry - to protect the life of babies in the womb & communicate a culture of life

Training Children to Care (TCTC) - to offer parents & children a vision of, & opportunities to, serve the Lord together

*For more information on these or other ministries,
please visit ccob.org*





RECOMMENDED

Reading

Amy Carmichael of Dohnavur, Frank L. Houghton

Evidence Not Seen: A Woman's Miraculous Faith in the Jungles of World War II, Darlene D. Rose

Footprints of a Pilgrim: The Life and Loves of Ruth Bell Graham, Ruth Bell Graham

George Muller: Delighted in God (History Maker), Roger Steer

Grace Abounding to the Chief of Sinners, John Bunyan

Hudson Taylor's Spiritual Secret, Dr. and Mrs. Howard Taylor

Living with the Giants: The Lives of Great Men of Faith, Warren W. Wiersbe

Oswald Chambers: Abandoned to God, David McCasland

Out of the Depths, John Newton

Profiles in Faith: Inspirational Readings Based on Lives of People Who Changed the World, H. Sala

Redeemed & Restored: The Stories of 12 Ordinary Women Transformed: J. Hesterly & S. Macintosh

The Committed Life: Dwight L. Moody, W.R. Moody

The Hiding Place, Corrie Ten Boom

The Narrow Road: Stories of Those Who Walk This Road Together, Brother Andrew

They Found the Secret, V. Raymond Edman

Through Gates of Splendor, Elisabeth Elliot

A Day's Journey, Jon Courson

A Pillar by Day, Jon Courson

All of Grace (Moody Classics), C.H. Spurgeon

Born Crucified, L.E. Maxwell

Come Away My Beloved, Frances J. Roberts

Daily Light Devotional, Anne Graham Lotz

Daily Light From the Bible, Samuel Bagster

Daily with the King: A Devotional for Self-Discipleship, W. Glyn Evans

I Don't Have Enough Faith to be an Atheist, Norman L. Geisler

Kneeling We Triumph Volume 1 & 2, Edwin & Lillian Harvey

Morning and Evening: Daily Readings, C.H. Spurgeon

My Utmost for His Highest, Oswald Chambers

One Day at a Time, William MacDonald

The One Year Book of Christian History, E. Michael & Sharon Rusten

A Passion for Jesus: Daily Devotions, Calvary Chapel Pastor's Wives

Royal Insignia, Edwin & Lillian Harvey

Streams in the Desert, L.B. Cowman

Springs in the Valley, L.B. Cowman



RECOMMENDED

Reading

A Place of Quiet Rest: Finding Intimacy with God Through a Daily Devotional Life, Nancy L. DeMoss
 Abiding in Christ, Andrew Murray
 Attributes of a Godly Woman (Audio CD), Kay Smith
 By Searching: My Journey Through Doubt into Faith, Isobel Kuhn
 Calm My Anxious Heart, Linda Dillow
 Christ Indwelling & Enthroned, J. Oswald Sanders
 Dwelling in the Holy of Holies (MP3), Kay Smith
 Effective Prayer Life, Chuck Smith
 Embraced by the Cross, L.E. Maxwell
 Filled with the Spirit... Then What?, R. Mabel Francis
 Fit for the Master's Use, F.B. Meyer
 Hinds Feet in High Places, Hannah Hurnard
 How to be Filled with the Holy Spirit, A.W. Tozer
 If, Amy Carmichael
 Living Water, Chuck Smith
 Mere Christianity, C.S. Lewis
 On Being a Servant of God, Warren W. Wiersbe
 Patient Evangelism, Lloyd Pulley
 The Pilgrim's Progress, John Bunyan
 Praying the Names of God, Ann Spangler
 Shepherding a Child's Heart, Tedd Tripp
 Spiritual Warfare, Brian Brodersen
 Strategies of Satan, Warren W. Wiersbe
 The Calvary Road, Roy Hession
 The Incomparable Christ, J. Oswald Sanders
 The New Pilgrim's Progress, John Bunyan with Judith E. Markham
 The Pursuit of God, A.W. Tozer
 True Discipleship, William MacDonald
 Under His Influence: Yielding to the Work of the Holy Spirit, Lloyd Pulley
 We Would See Jesus, Roy and Revel Hession
 When the Enemy Strikes: The Keys to Winning Your Spiritual Battles, Charles Stanley
 Why Grace Changes Everything, Chuck Smith

For more of Karen's favorite recommendations, please visit

women.ccob.org



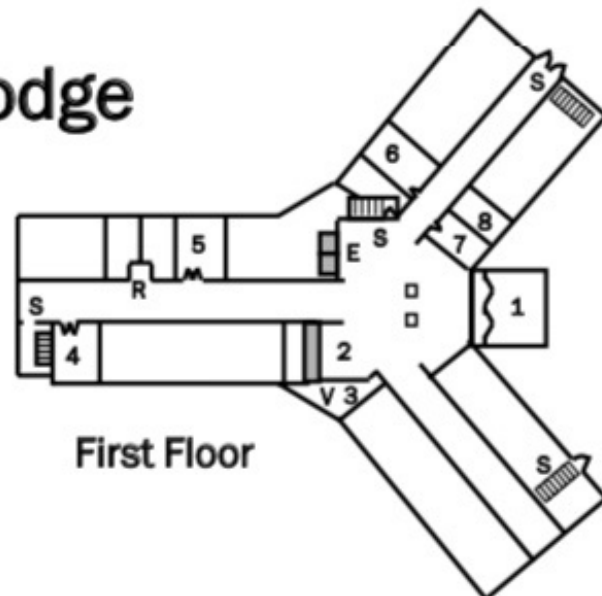
Chesapeake Lodge

E - Elevators
S - Stairs
V - Vending
R - Restrooms

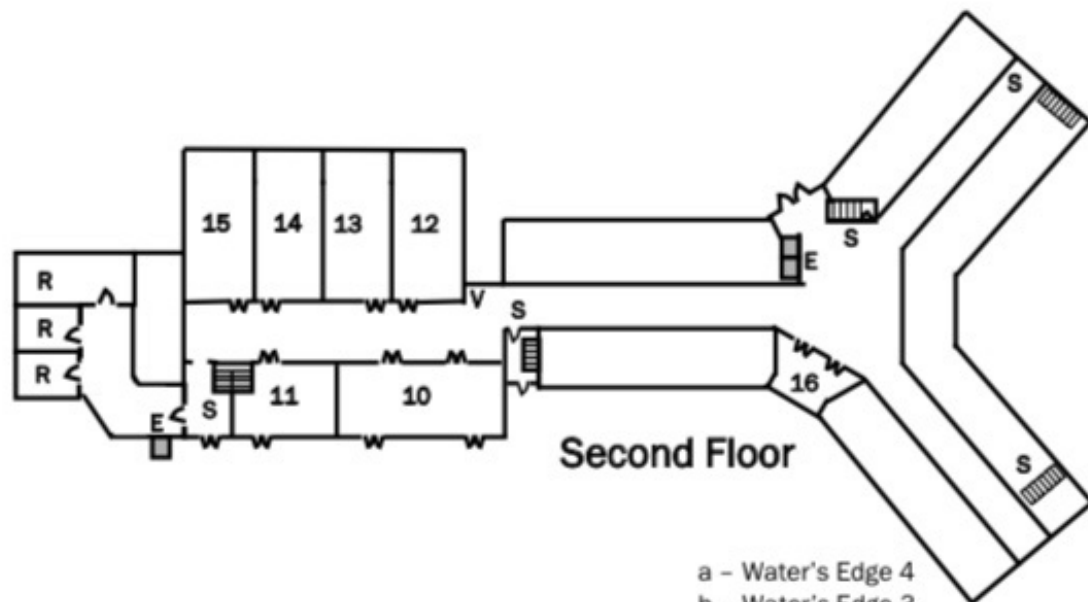
- 1 - Chesapeake Lodge Entrance
- 2 - Front Desk
- 3 - Morning Cheer Café
- 4 - Prayer Room
- 5 - Fitness Center
- 6 - Laundry
- 7 - TV Room
- 8 - Conference Room 104

- 10 - Ritter Conference Room
- 11 - Pritchett Conference Room
- 12 - Supplee Conference Room
- 13 - Guistwite Conference Room
- 14 - Hatfield Conference Room
- 15 - Milburn Conference Room
- 16 - Andrews Lounge

- 17 - Exit to Pool
- 18 - Chesapeake Auditorium
- 19 - Chesapeake Foyer
- 20 - Bookstore
- 21 - Kalbach Welcome Center
- 22 - Coffee Café
- 23 - Exit to Palmer/Chapel
- 24 - Water's Edge Meeting Rooms Entrance
(down one level)
- 25 - Water's Edge Dining Room



First Floor



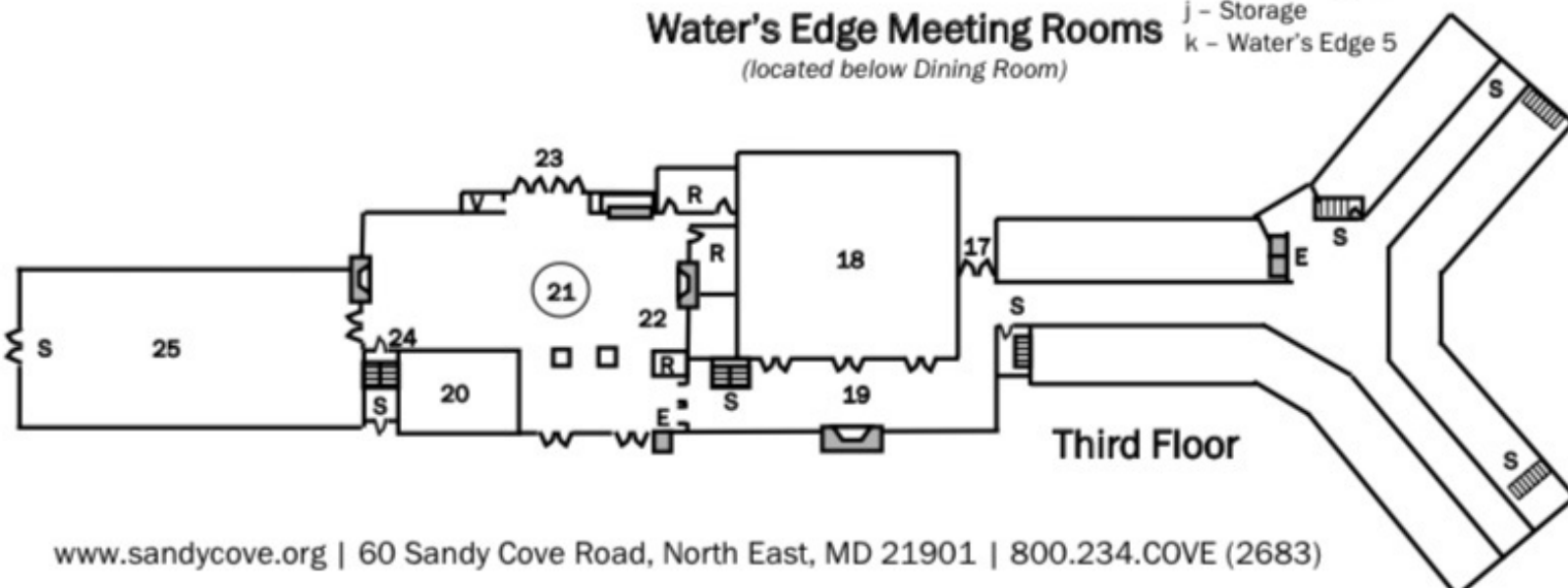
Second Floor



Water's Edge Meeting Rooms

(located below Dining Room)

- a - Water's Edge 4
- b - Water's Edge 3
- c - Water's Edge 2
- d - Water's Edge 1
- e - Nursery
- f - Storage
- g - Office
- h - Water's Edge 7
- i - Water's Edge 6
- j - Storage
- k - Water's Edge 5



Third Floor



Sandy Cove Group Guidelines

(Group leaders: please share this information with your group members)

1. The front desk staff is available around the clock to assist you with any questions or needs you might have. Simply dial 0 from your room phone or any house phone for assistance.
2. **Please be respectful of other guests and groups at all times.** Quiet Hours in all hallways are from 10 pm until 8 am. Amplified sound in meeting rooms is also not permitted in meeting rooms during quiet hours. Noise complaints after hours will result in a minimum fee of \$50 per complaint.
3. Children must be supervised at **all** times. No one under age 18 may be at the pool or in the fitness center or TV room without an adult.
4. **FOOD:** Meals are served buffet-style during set meal times. Food may not be removed from the dining room. Any food/drink items brought to Sandy Cove must be individual non-perishable and pre-packaged items (vending machine style)
5. During open pool hours, all guests are welcome to use the indoor pool and hot tub, and the outdoor pool in the summer time. Modest bathing suits are required. (See your coordinator or front desk staff for pool hours)
6. Please note the nearest fire/emergency exits. In the event of a fire alarm, please exit the building and go to the Palmer Gymnasium (located across the courtyard from the dining room). Do NOT use elevators. There are maps posted in each guest room showing escape routes. Sandy Cove staff will inform you when it is safe to return to the Lodge.
7. **All Sandy Cove buildings are non-smoking areas; there are designated areas outside the Lodge if needed. A minimum fee of \$100 per room will be charged for any necessary smoke fumigation.**
8. **Sandy Cove's property is drug and alcohol free. Alcoholic beverages, illegal drugs, firearms, fireworks and explosives are strictly prohibited anywhere on campus.**
9. **Guest room check out is at 10 am:** PLEASE pack up your belongings and return all keys to the front desk on your day of departure by 10am so staff can prepare for those arriving after you.
10. Please note nothing is to be adhered to the walls. Command Strips at cost upon request.

Enjoy your stay as you connect with God and each other at Sandy Cove!!

Stay Connected

women.ccob.org - for current and past messages

podcast - Calvary Old Bridge Women's Ministry

youtube.com - "Looking to Jesus with Karen Pulley"

Follow us on Facebook - Calvary Chapel Old Bridge Women's Ministry

We Would See Jesus radio program - Saturdays at 8:30 am on The Bridge or visit bridgeradio.org

We would love to hear from you!
womensministry@ccob.org

Join the Women's Ministry email list by visiting women.ccob.org!



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of
Calvary Old Bridge*